



**Coventry and
Warwickshire**
Integrated Care Board

Commissioning Policy

Reference Number:	This will be applied to all new ICB-wide PPSs by the Governance and Corporate Affairs Team and will be retained throughout its life span.
Version:	Version 1.0
Name of responsible Committee and date approved or recommended to Integrated Care Board Board:	Audit Committee
Date approved by the Integrated Care Board (if applicable):	1 July 2022
Next Review Date:	1 July 2022
Expiry Date:	1 October 2022
Name of author and title:	
Name of reviewer and title:	
Department:	Corporate Office

VERSION HISTORY

Date	Version	Changes made to previous version	Consulting and Endorsing Stakeholders, Committees / Meetings / Forums etc.

Treatment	Arthroscopic Shoulder Decompression for Subacromial Pain
Background	<p>Recent research has indicated that in patients with pure subacromial impingement (with no other associated diagnoses such as rotator cuff tears, calcific tendinopathy and acromio-clavicular joint pain), non-operative management with a combination of exercise and physiotherapy is effective in the majority of cases.</p> <p>Patients suffering with persistent symptoms, despite appropriate non-operative management, should be given the option to choose decompression surgery.</p> <p>Treating clinicians and surgeons should refer to the 2015 BESS/BOA/NICE commissioning guidelines (guideline update due in 2018/19) for details of appropriate treatment of these patients:https://www.boa.ac.uk/.</p> <p>In order to facilitate non-operative treatment in primary and intermediate care, BESS and Getting It Right First Time programme have produced patient exercise rehab videos and booklets for GPs and patients to use. http://www.bess.org.uk/index.php/public-area/shpi-videos.</p>
Treatment	<p>Arthroscopic sub-acromial decompression is a surgical procedure that involves decompressing the sub-acromial space by removing bone spurs and soft tissue arthroscopically.</p> <p>Arthroscopic subacromial decompression for pure subacromial shoulder impingement should ONLY be offered in appropriate cases.</p> <p>To be clear, 'pure subacromial shoulder impingement' means subacromial pain NOT caused by associated diagnoses such as rotator cuff tears, acromio-clavicular joint pain, or calcific tendinopathy. Non-operative treatment such as physiotherapy and exercise programmes are effective and safe in many cases.</p> <p>For patients who have persistent or progressive symptoms, in spite of adequate non-operative treatment, surgery will be funded.</p> <p>The latest evidence for the potential benefits and risks of subacromial shoulder decompression surgery should be discussed with the patient and a shared decision reached between surgeon and patient as to whether to proceed with surgical intervention.</p>
Diagnostic and Procedure Codes	W844, O291
Equality Impact Assessment	https://www.england.nhs.uk/publication/evidence-based-interventions-policy-equality-and-health-inequalities-full-analysis-form/