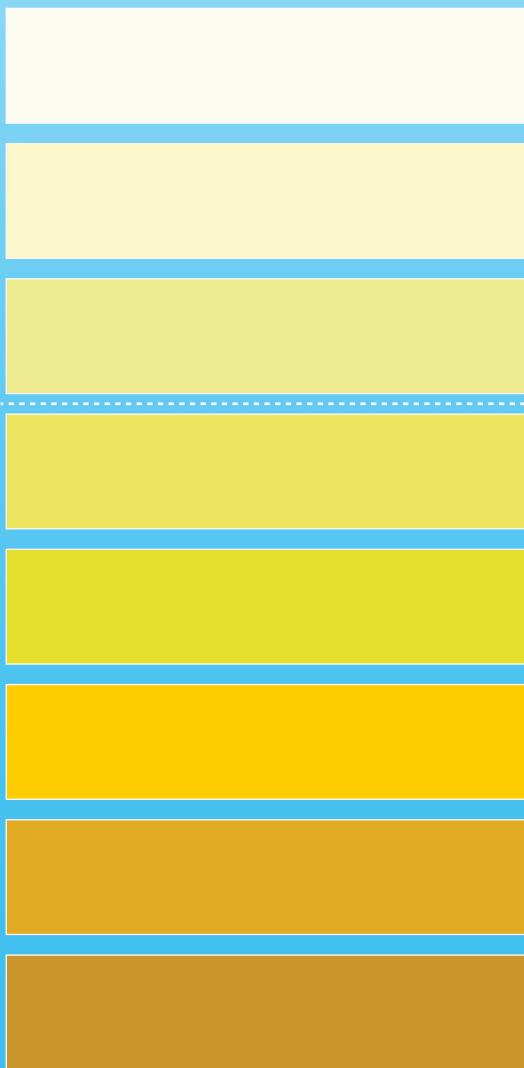




# Are you drinking enough?



1

2

3

4

5

6

7

8

Healthy wee is 1-3

4-8 you must hydrate!  
(try to drink more)



**Warwickshire Hydration Partnership** is a coming together of local, regional and national organisations to encourage better hydration for people of all ages across Warwickshire. The partnership includes: Age UK, Compass, HEART, NHS Right Care, NHS South Warwickshire CCG, NHS South Warwickshire NHS Foundation Trust, NHS Warwickshire North CCG, Severn Trent Water, Warwickshire County Council, Warwickshire Fire Service