

# Health and Wellbeing events for those with a new diagnosis of cancer

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A Health and Wellbeing event helps people with cancer, their family or close friend, to understand what to expect, what local support is available and the opportunity to ask questions.  
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## Our specialist presenters will offer advice about:

Nutrition • Fatigue • Physical activity • Emotional wellbeing • Chemotherapy • Radiotherapy • Finance and benefits • Other courses available locally • Answer questions

Health and Wellbeing events are currently only available online as a Microsoft Teams Live Event

Health and Wellbeing session	
2022	
January 27 <sup>th</sup>	February 24 <sup>th</sup>
March 24 <sup>th</sup>	April 28 <sup>th</sup>
May 26 <sup>th</sup>	June 23 <sup>rd</sup>
July 28 <sup>th</sup>	August - No Session
September 22 <sup>nd</sup>	October 27 <sup>th</sup>
November 24 <sup>th</sup>	December - No Session
10:15 to 11:15 virtual sessions	

To find out more about, or register for the event, or if you are unable to join us virtually and need information or support in another form please contact:

**Julie Bliss**

Macmillan Cancer Information and Support Manager  
Office Location: Main entrance UHCW  
Opening Times: 8.00am - 4.00pm Monday-Friday  
Phone: 024 7696 6052

**Deborah Smith**

Macmillan Cancer Information and Support Manager  
Stratford and Warwick Hospital  
Opening Times: 8.00am - 4.00pm Monday-Friday  
Phone: 01926 495321 x5871

**Julie Hunt**

Macmillan Cancer Information and Support Manager  
Office Location: Main entrance, George Eliot Hospital  
Opening Times: 9.00am - 4.00pm Monday-Friday  
Phone: 024 7615 3201