













Say No to Infection Fact Sheet: Cleaning and disinfecting a Commode

Cleaning and Disinfecting a Commode for Care Home Settings	
<p>Best Practice is to always:</p> <ul style="list-style-type: none"> • Use a bucket or sink designated for only cleaning commodes or bed pans. • Use disposable cleaning cloths and dispose of after use. • Use a pH neutral detergent and warm water for cleaning before disinfecting. • Use 1000 ppm chlorine-based disinfection solution made up according to manufacturer's instructions. • If contaminated with blood/blood-stained body fluid, use 10,000 ppm. • Ensure commodes are replaced when scratched, stained or rusted. <p>Follow your local 'Safe disposal of waste policy' for appropriate waste stream.</p>	
	<p>1. Wash hands thoroughly with liquid soap, warm water, dry with paper towels and dispose of.</p>
	<p>2. Put on a disposable apron. Wear eye protection if there is a risk of splashing to the eyes.</p>
	<p>3. Put on disposable gloves.</p>
	<p>4. Starting from the top, clean the back rest and arms (remember to clean under the arms).</p>
	<p>5. Remove the lid and clean, cleaning the topside first then underside.</p>
	<p>6. Remove the seat, if the design allows and clean the top and underside.</p>
	<p>7. Clean the seat frame, legs, and then foot pedals and wheels. Dispose of cloth. Then repeat steps 4-7 using the appropriate disinfectant solution. Dispose of cloth.</p>
	<p>8. Remove gloves (before apron) and dispose. Clean hands.</p>
	<p>9. Remove apron and dispose of.</p>
	<p>10. Wash hands thoroughly with liquid soap and warm running water. Dry hands with paper towels.</p>