













Say No to Infection Fact Sheet: Cleaning and disinfecting a commode

Cleaning and disinfecting a commode for Care Home settings

Best practice is to always:

- Use a bucket or sink designated for only cleaning commodes or bed pans
- Use disposable cleaning cloths and dispose of after use
- Use a pH neutral detergent and warm water for cleaning before disinfecting
- Use 1,000 ppm chlorine-based disinfectant solution, e.g. 50 ml of Milton in 1 litre of cold water after cleaning. If contaminated with blood/blood stained body fluid, use 10,000 ppm, e.g. 100 ml of Milton in 1 litre of cold water, followed by a detergent wipe or detergent and warm water and dried using paper towels
- Ensure commodes are replaced when scratched, stained or rusted

Follow your local 'Safe disposal of waste Policy' for appropriate waste stream to be used.

	<p>1. Wash hands thoroughly with liquid soap, warm running water, dry with paper towels and dispose of.</p>		<p>2. Put on disposable apron. Wear eye protection if there is a risk of splashing to the eyes.</p>
	<p>3. Put on disposable gloves.</p>		<p>4. Starting from the top, clean the back rest and arms (remember to clean under the arms).</p>
	<p>5. Remove the lid and clean the lid of the commode, topside first then underside.</p>		<p>6. Remove the seat, if the design allows, and clean the top then underside.</p>
	<p>7. Clean the seat frame, legs, and then foot pedals and wheels if there are any. Dispose of cloth. Then repeat steps 4-7 using the appropriate disinfectant solution. Dispose of cloth.</p>		<p>8. Remove gloves (these should be removed before your apron) and dispose of. Clean hands.</p>
	<p>9. Remove apron and dispose of.</p>		<p>10. Wash hands thoroughly with liquid soap and warm running water.</p>

