



Say No to Infection Action Card

For: Cleaning of Pressure Relieving Mattresses

Name of resident/client: _____ Checklist Date commenced: _____

Room/Floor: _____

The following advice should be applied in conjunction with any guidance from healthcare professionals E.g., Tissue viability Nurse

Immediate actions (Please Tick)

- When staff accept a mattress into the care home, they are informed (and provided with written guidance) on how to maintain and clean the mattress.
- The mattress is inspected inside (e.g., unzip it and look) and outside to check a clean and intact mattress has been delivered.
- Information regarding the maintenance and cleaning of the mattresses(s) has been cascaded to all staff.
- The mattress serial number, the resident who will be using the mattress and date the mattress is delivered, are recorded by the care home Manager in a logbook.

The Following actions should be checked, completed, and recorded in line with local policy completed weekly as a minimum.	Sign & Signature						
	Date	Date	Date	Date	Date	Date	Date
Inspect the exterior surface of the mattress cover for signs of damage, such as rips, tears or holes.							
Open (unzip) and pull back the cover of the mattress and inspect the mattress core (foam or cells) for moisture and or stains.							
Lift the cover of the mattress up and inspect the inside of the cover for stains, water marks and breaks or holes in the cover.							
If the cover is stained, worn or torn, the contents should be inspected, and the damaged cover should be replaced immediately.							
If the mattress is wet or stained, the cover and mattress should be disposed of.							
Contact the mattress provider to arrange for contaminated/dirty mattress or parts to be cleaned or replaced in accordance with the manufacturer's instruction.							
Clean the mattress outside cover with cleaning products as recommended by the manufacturer.							
Does the mattress look fit for purpose? Are any odours noticeable?							
Once the mattress is no longer required it must be cleaned according to the manufacturer's instructions prior to being returned.							

