

Positive Directions & Health Exchange Rising 18's Referral Pathway



Pre 18th Birthday



Young person identified aged 17 years and 9 months for potential referral into the Health Exchange

Positive Directions practitioner gains consent from the young person to refer

Referral acknowledged and accepted by the Health Exchange

Health Exchange practitioner attends final (exit) case formulation meeting to agree future plan of action

Health Exchange complete initial assessment and accept the young person onto their caseload

Post 18th Birthday



Young person attends first consultation with the Health Exchange and tailored support commences