



**Coventry and  
Warwickshire**  
Integrated Care Board

# Dilation and Curettage for Menorrhagia Policy

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| Reference Number:                                                                              | This will be applied to all new ICB-wide PPSs by the Governance and Corporate Affairs Team and will be retained throughout its life span. |
| Version:                                                                                       | Version 1.0                                                                                                                               |
| Name of responsible Committee and date approved or recommended to Integrated Care Board Board: | Audit Committee                                                                                                                           |
| Date approved by the Integrated Care Board (if applicable):                                    | 1 July 2022                                                                                                                               |
| Next Review Date:                                                                              | 1 April 2025                                                                                                                              |
| Expiry Date:                                                                                   | 1 October 2025                                                                                                                            |
| Name of author and title:                                                                      | Lucy Dyde                                                                                                                                 |
| Name of reviewer and title:                                                                    | Ali Cartwright                                                                                                                            |
| Department:                                                                                    | Corporate Office                                                                                                                          |

#### VERSION HISTORY

| Date | Version | Changes made to previous version | Consulting and Endorsing Stakeholders, Committees / Meetings / Forums etc. |
|------|---------|----------------------------------|----------------------------------------------------------------------------|
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| <b>Treatment</b>                      | Dilation and Curettage for Menorrhagia (D&C)                                                                                                                                                                                                                                                                                         |
| <b>Indication</b>                     | Menorrhagia                                                                                                                                                                                                                                                                                                                          |
| <b>Treatment:</b>                     | <p>D&amp;C not funded for diagnosis or treatment of heavy menstrual bleeding in women.</p> <p>Ultrasound scans and camera tests with sampling of the lining of the womb (hysteroscopy and biopsy) can be used to investigate heavy periods.</p> <p>Medication and intrauterine systems (IUS) can be used to treat heavy periods.</p> |
| <b>Diagnostic and Procedure Codes</b> | Q103, Q108, Q109                                                                                                                                                                                                                                                                                                                     |
| <b>Equality Impact</b>                | <a href="https://www.england.nhs.uk/evidence-based-interventions/">https://www.england.nhs.uk/evidence-based-interventions/</a>                                                                                                                                                                                                      |