

## Health Inequalities - PCN DES support pack

In Coventry and Warwickshire, we are dedicated to supporting our patients throughout their cancer screening journey.

This information pack offers trusted information and directs you to local services designed to make cancer screening accessible, inclusive, and supportive for everyone.

It also serves as a helpful resource for patients seeking further information about screening and cancer services, ensuring they receive the support they need through screening, diagnosis, and treatment.

Health inequalities are felt most directly by individuals and communities, but they also place a considerable burden on our health service.

When patients who have been historically marginalised from health services feel their unique life experiences are listened to by health professionals, they are more likely to engage, and their chances of a healthy life improved.

LGBTQ+ groups, homeless people, and immigrant communities are all examples of populations for whom mainstream health services have not always served well enough.

It is vital to provide staff with the knowledge, skills, and confidence to understand vulnerable patients, and how health inequalities can manifest differently in patients.

To further reduce health inequalities, this directory aligns with the **Core20PLUS5** approach, focusing on improving access and outcomes for the most disadvantaged and underserved groups in our community.

We are committed to ensuring that all patients, especially those in vulnerable or underserved populations, receive equitable, culturally sensitive, and tailored support.

## Information pack content:

1. Breast Cancer Screening
2. Bowel Cancer Screening
3. Cervical Cancer Screening
4. Support for LGBTQ+ Community
5. Supporting Transgender Community
6. Supporting Rural/Farming Communities
7. Supporting Gypsy/Roma/Traveller Community
8. Supporting Refugees and Asylum Seekers
9. Supporting People with Learning Disabilities
10. BSL friendly resources
11. Supporting EAL (English as Additional Language)
12. Other supportive resources



Video



Weblink



Booklet/leaflet



Online learning/ Course

## Breast Cancer Screening

Resources to explain breast cancer screening, checking breasts regularly and support for patients with a diagnosis of breast cancer.



[Download and order publications | Breast Cancer Now](#)



[An easy guide to breast screening Feb25.pdf](#)



[West Midlands Breast Screening Programme](#)



[Supporting access and tackling barriers to breast screening](#)



[Summary of Diagnosing breast cancer in Black women | RCGP Learning](#)

## Bowel Cancer Screening

Resources to explain bowel cancer screening, checking for signs and symptoms and support for patients with a diagnosis of bowel cancer.



[Bowel Screening Tool](#)



[Bowel cancer screening | Cancer Research UK](#)



[Bowel cancer screening kit | Bowel Cancer UK | Bowel Cancer UK](#)



[Cancer screening | Macmillan Cancer Support](#)



[BOWEL CANCER SCREENING: MYTH VS REALITY - Happy Healthy Lives](#)



[OVER 50S ENCOURAGED TO TAKE PART IN SCREENING TO MARK BOWEL CANCER AWARENESS MONTH - Happy Healthy Lives](#)



[Bowel cancer \(including rectal cancer and colon cancer\) | Macmillan Cancer Support](#)

## Cervical Cancer Screening / HPV Vaccine

Resources to explain cervical cancer screening, looking out for signs and symptoms and support for patients with a diagnosis of cervical cancer.



[Cervical screening | Macmillan Cancer Support](#)



[Understanding cervical cancer](#)



[About Cervical Screening | Cancer Research UK](#)





[How is HPV linked to cancer? | Cancer Research UK](#)






[Cervical screening: helping you decide - GOV.UK](#)

## Support for **LGBTQ+**




Resources for LGBTQ+ community to reduce barriers to accessing cancer screening, explaining risks and signs & symptoms

-  [Support for LGBTQ+ people affected by cancer](#)
-  [LGBTQ+ People & Cancer Treatment - OUTpatients](#)



## Support for **Transgender**

-  [My Cervix My Service: A walkthrough of an appointment at CliniQ](#)
-  [GIC Leaflet](#)
-  [The Q Factor: LGBTQIA+ awareness training film for staff](#)



## Support for Rural Communities

-  [FCN / Macmillan Cancer Support - working in partnership](#)
-  [farmwell.org.uk/cancer/](#)
-  [Partnership with Macmillan Cancer Support - Farming Community Network](#)









## Support for Gypsy/Roma/Travellers

-  [Macmillan Cancer Support Don't Face It Alone- Gypsy & Travellers](#)
-  [Cervical Cancer Screening resource for Gypsies and Travellers - Friends, Families and Travellers](#)








## Supporting Refugees and People seeking Asylum

-  [healthcare-for-refugees-and-people-seeking-asylum-mac19723-english](#)
-  [How-to-Provide-high-quality-primary-care-for-people-seeking-asylum-migrants-and-refugees.pdf](#)



## Support for people with Learning Disabilities

-  [Resources about cancer for people with learning disabilities | Coping with cancer | Cancer Research UK](#)
-  [Easy Read guide to Breast Screening](#)
-  [Easy Read guide to Cervical screening](#)
-  [Cervical screening films for women with learning disabilities and women with autism - YouTube](#)
-  [Do The Test - GO FOR IT! on Vimeo](#)
-  [Accessing cervical screening with the right support for people with a learning disability](#)
-  [Myth-busting cervical screening concerns for people with learning disabilities in Coventry](#)
-  [Let's Talk About Breasts | Breast screening explained for women with learning disabilities](#)

## Support for BSL (British Sign Language)

-  [Macmillan BSL](#)
-  [What are Macmillan Cancer Support's British Sign Language \(BSL\) services](#)
-  [Macmillan support BSL playlist - YouTube](#)
-  [Be Clear on Cancer, Bowel Cancer Screening | British Sign Language | Cancer Research UK](#)
-  [Cervical Screening Saves Lives – Don't ignore your screening invite | NHS - BSL TV ad](#)
-  [Cervical Screening Saves Lives – Conversations with Dr Zoe Williams | NHS - BSL version](#)
-  [Breast screening | NHS \(BSL\)](#)

## Support for English as additional language

-  [Cancer information and help in your language | Macmillan Cancer Support](#)
-  [Resources in other languages | Coping with cancer | Cancer Research UK](#)

## Other Supportive Resources



[Safe-surgeries-toolkit-2020.pdf](#)



[Screening for cancer BLOG | Macmillan Cancer Support](#)

Online: [www.happyhealthylives.uk/services-programmes/cancer-services/screening/](http://www.happyhealthylives.uk/services-programmes/cancer-services/screening/)

<p><b>Macmillan Information and Support Centre</b></p> <p>University Hospitals Coventry and Warwickshire Opening Times: 8.00am - 4.00pm Monday-Friday Phone: 024 7696 6052 Email: <a href="mailto:lindsay.randall4@uhcw.nhs.uk">lindsay.randall4@uhcw.nhs.uk</a></p>	<p><b>Macmillan Information and Support Centre</b></p> <p>George Eliot Hospital Opening Times: 9.00am - 4.00pm Monday-Friday Phone: 024 7615 3201 Email: <a href="mailto:julie.hunt3@geh.nhs.uk">julie.hunt3@geh.nhs.uk</a></p>
<p><b>Macmillan Information and Support Centre</b></p> <p>Stratford and Warwick Hospitals Opening Times: 8.30am - 4.00pm Monday-Friday Phone: 01926 495321 x8214</p> <p><a href="http://www.swft.nhs.uk/our-services/cancer-services">www.swft.nhs.uk/our-services/cancer-services</a></p>	<p><b>Prostate Cancer UK</b></p> <p>Find out about your risk, learn about possible signs and symptoms, and get all the information you need on treatment and support if you're newly diagnosed or living with prostate cancer.</p> <p><a href="https://prostatecanceruk.org/">https://prostatecanceruk.org/</a></p>
<p><b>Cervical screening</b></p> <p>All women aged 25 to 64 are invited by letter to cervical screening to check the health of their cervix. Cervical screening used to be called a smear test. In Coventry and Warwickshire you can book an appointment as soon as you get a letter.</p> <p><a href="#">Screening - Happy Healthy Lives</a></p>	<p><b>Breast screening</b></p> <p>If you're a woman aged 50 or over, you'll be automatically invited for breast screening through your GP practice every 3 years until your 71st birthday.</p> <p><a href="http://www.nhs.uk/conditions/breast-screening-mammogram/">www.nhs.uk/conditions/breast-screening-mammogram/</a></p>
<p><b>Bowel screening</b></p> <p>Bowel cancer screening is a test you do at home that checks for signs of bowel cancer. It's offered to everyone aged 54 to 74.</p> <p><a href="http://www.nhs.uk/conditions/bowel-cancer-screening/">www.nhs.uk/conditions/bowel-cancer-screening/</a></p>	<p><b>Cancer support groups in Coventry and Warwickshire</b></p> <p>Cancer Care Map is a simple, online resource that aims to help find cancer support services in the local area.</p> <p><a href="http://www.cancercaremap.org">www.cancercaremap.org</a></p>

**New to Cancer**

If patients have been newly diagnosed with cancer, there are a few videos that maybe helpful after diagnosis and before someone is starting treatment.

[www.happyhealthylives.uk/services-programmes/cancer-services/living-with-beyond-cancer/support-groups/pre-treatment/](http://www.happyhealthylives.uk/services-programmes/cancer-services/living-with-beyond-cancer/support-groups/pre-treatment/)

**Living with and Beyond Cancer**

Living with and beyond cancer (LWBC) is a program of care for cancer patients in the UK. It helps them from diagnosis to recovery. It aims to empower them to feel supported and informed. It supports them to live well with cancer throughout their treatment and beyond.

[www.happyhealthylives.uk/services-programmes/cancer-services/living-with-beyond-cancer/support-groups/post-treatment/](http://www.happyhealthylives.uk/services-programmes/cancer-services/living-with-beyond-cancer/support-groups/post-treatment/)