



**Coventry and
Warwickshire**
Integrated Care Board

Adult Snoring Surgery Policy

Reference Number:	This will be applied to all new ICB-wide PPSs by the Governance and Corporate Affairs Team and will be retained throughout its life span.
Version:	Version 1.0
Name of responsible Committee and date approved or recommended to Integrated Care Board Board:	Audit Committee
Date approved by the Integrated Care Board (if applicable):	1 July 2022
Next Review Date:	1 April 2025
Expiry Date:	1 October 2025
Name of author and title:	Lucy Dyde
Name of reviewer and title:	Ali Cartwright
Department:	Corporate Office

VERSION HISTORY

Date	Version	Changes made to previous version	Consulting and Endorsing Stakeholders, Committees / Meetings / Forums etc.

Treatment	Adult Snoring Surgery (in the absence of Obstructive Sleep Apnoea)
Indication	Snoring
Background	On the basis of limited clinical evidence of effectiveness, and the significant risks that patients could be exposed to, this procedure should no longer be routinely commissioned in the management of simple snoring.
Commissioning position	<p>Surgery for snoring is not funded.</p> <p>Alternative Treatments</p> <p>There are a number of alternatives to surgery that can improve the symptom of snoring. These include:</p> <ul style="list-style-type: none"> • Weight loss. • Stopping smoking. • Reducing alcohol intake. • Medical treatment of nasal congestion (rhinitis). • Mouth splints (to move jaw forward when sleeping).
Diagnostic and Procedure Codes	F324, F325, F326
Equality Impact	https://www.england.nhs.uk/evidence-based-interventions/