



ISSUE 1
WINTER 2022/23

NHS

**Coventry and
Warwickshire**
Integrated Care Board

**COVENTRY &
WARWICKSHIRE
VANGUARD PROJECT**

NEWSLETTER AND GOOD NEWS UPDATE

INTRODUCING POSITIVE DIRECTIONS!

POSITIVE DIRECTIONS: PROJECT UPDATE

16 months on from being awarded Vanguard status we are excited to share with you how the original Trauma Informed Recovery Support (*TIRS*) framework has progressed!

With the steer and direction from children and young people across Coventry and Warwickshire and effective models of co-production, we are able to officially re-brand the project which is now called **Positive Directions!**

VANGUARD STATUS: HOW IT ALL BEGAN

In August 2021, Coventry and Warwickshire ICB were successful in their bid to become the NHSE/I West Midlands Vanguard for the Framework for Integrated Care. The Framework for Integrated Care is the NHS's response to the Long-Term Plan commitment of investing in additional services for children and young people with complex needs.

As an NHS England and NHS Improvement (West Midlands) health and justice funded initiative, our framework has a particular focus on improving outcomes for children and young people at risk of entering, or engaged with, the criminal justice system and seeks to avoid the labelling and pathologisation of trauma.



CO-PRODUCTION

A fundamental part of the framework is co-production, to ensure all aspects of the framework and work we do is child led. We have therefore, arranged and held a range of fully incentivised events with children and young people to capture their perspectives, insights and views.

Our intention was always to re-brand both the service and social prescribing elements of the framework with children and young people, in a way that is meaningful to them.

Both of the logos for the Positive Directions and Positive Pathways (social prescribing) provision have been 100% co-produced and designed by children and young people. We have taken great care to avoid making any design and branding changes that do not reflect their wishes, meaning our branding is totally child-led.

The positive directions (TIRS) Framework adopts a strength based, social approach to trauma. The framework therefore seeks to avoid the labelling and diagnosing of children and young people presenting with behaviour which, when understood in the context of trauma, is normal, rational, and would not therefore be remedied by a formal medical diagnosis.

Rather than seeking a diagnosis which in many cases will not address root causes of trauma and may result in children and young people being further stigmatised and marginalised, social prescribing approaches are instead utilised which seeks to support young people to achieve positive outcomes and build positive peer and professional relationships in their communities that enhance their lives and wellbeing.

Positive Pathways Website

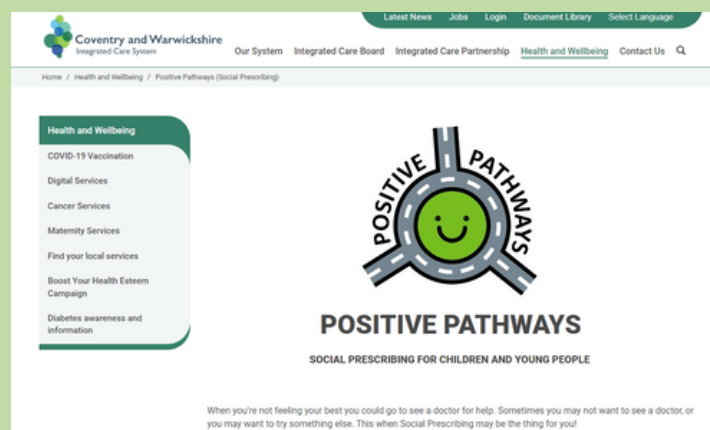
Through co-production sessions, young people were invited to develop and review the new social prescribing website. This was helpful in enabling the team to capture their views, so they were able to contribute to the overall design and functionality of the site. Listening to the feedback so far, site construction and development is underway, and we are hoping the site will be live towards the end of the year.

In addition to this we are currently working with the Positive Youth Foundation where young people will be involved with developing and creating a descriptive video which helps to explain to children and young people the concept of social prescribing and how it can benefit them.



INTRODUCING POSITIVE PATHWAYS

COVENTRY AND
WARWICKSHIRE'S NEW
CHILDREN AND YOUNG
PEOPLES SOCIAL
PRESCRIBING SERVICE



<https://www.happyhealthylives.uk/positivepathways>

TRAINING AND SUPPORT

Our Practice Educators play a key role in providing system wide education about trauma and driving the culture shift we seek.

The Practice Educators have been working on the development of an asynchronous suite of training assets that will be used by the system as training and learning tools to allow delegates the opportunity to not only enhance their knowledge but have that crucial time for critical and reflective thinking. They have ensured that through task and finish groups, specialists have the opportunity to shape and inform the training content. To date, the following trauma training modules have been created:

- Introduction/Basics of Trauma
- Safeguarding and trauma
- Building relationships
- Victim blaming (including use of language)
- Vicarious trauma
- Exploitation (including CSE), contextual safeguarding and violence
- Why social prescribing for trauma

Bite-sized learning modules have also been developed for practitioners where capacity is an issue and delivery is being supported by both Coventry and Warwickshire Safeguarding Children's Partnerships. If you would like to know more please email:

Coventry Safeguarding Partnership: CoventryCSCP@coventry.gov.uk

Warwickshire Safeguarding Partnership: wscb@warwickshire.gov.uk

TO FIND OUT MORE ABOUT THE WORK OF THE VANGUARD
GET IN TOUCH - CWICB.CWVANGUARD@NHS.NET